

inner**verse**

inner work for a conscious career path



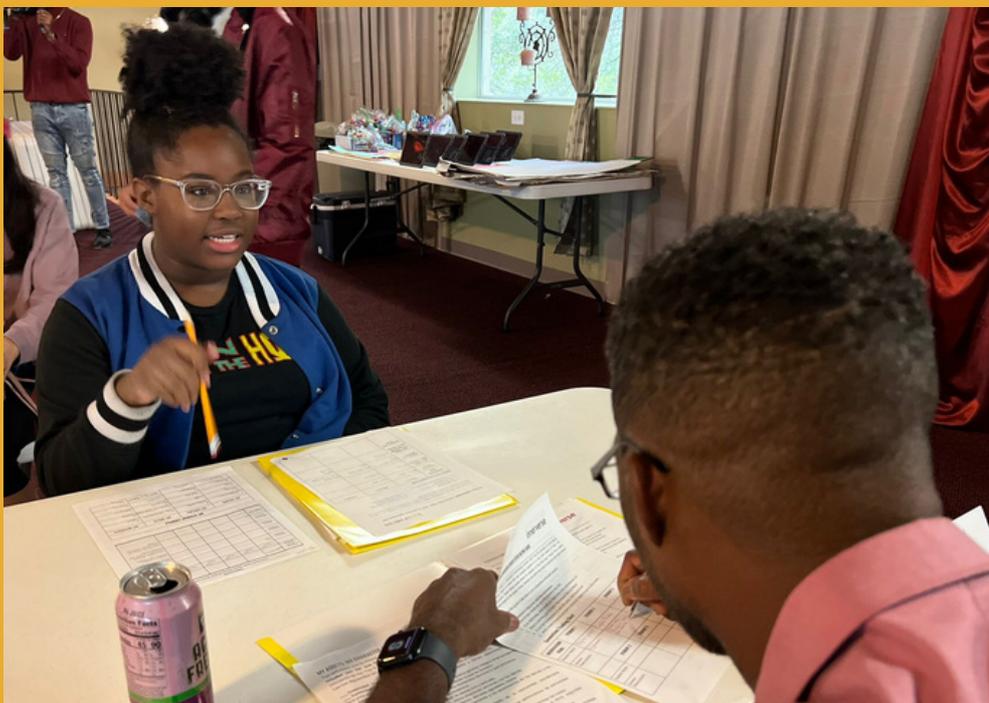
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INNERVERSE, IMPROVING MIDDLE SCHOOL STUDENTS' SENSE OF SELF THROUGH SELF DISCOVERY

THRIVING IN MIDDLE SCHOOL IS ALWAYS HARD. IT HELPS YOUR CHILD TO KNOW WHO THEY ARE!

INNERVERSE is a Houston-based youth, education non-profit that focuses on restoring a young teens sense of personal value in a tie when internal struggles and external influences can make thriving in middle school nearly impossible. In order to expect a child to make well informed decisions for future planning including college, career and independent livelihood, they must first be able to possess a healthy sense of self.

Our specialized curriculum uses proven psychological, sociological and neuroscientific tools for adolescent development and ancient wisdom principles that empowers them to embrace fully who they are, thereby revitalizing their experience of meaningful learning at their most vulnerable, yet critical stage of personal development.



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OUR SERVICES

YOUNG TEENS

We work directly with 6th-8th grade students that would benefit from possessing a greater sense of self awareness.

WORKSHOP THEMES

We offer 3 Interactive workshops that focus on:

- Personal Discovery + Development
- High School Transition
- College/Career Awareness

OUR CLIENTS

We work with individuals, small to mid size public and charter schools & community organizations.

OUR APPROACH

SELF-DISCOVERY

We facilitate relevant activities that allow students to revel in their unique identities and gain confidence in who they are.

FUTURE ALIGNMENT

We guide students to research careers that would align with their gifts and create a fulfilling lifestyle with purpose.

PERSONAL DEVELOPMENT TOOLS

We inspire students' sense of agency, control over self, and self advocacy.



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OUR 3 STUDENT WORKSHOPS

Each workshop is delivered in 3 - 120 minutes sessions and each has personal development and future planning components.

I. I CAN TRANSCEND

Participants will learn how to embrace their unique qualities, then apply strategies to translate them into positive contributions to themselves, their families and their communities.

II. MY IDENTITY IS MY POWER

Participants will take a deep dive to discover who they are from within, delving into their tendencies, their values, virtues, interests and skills.

III. I AM THE MASTER OF MY FATE

Participants will learn the connection between the physiology of the brain and the psychology of the mind at the middle school stage of development. Participants will receive and apply resources of personal management to successfully use them towards successful post-secondary decision making.





DELIVERY OPTIONS

- Virtual Online Delivery
- In Person Delivery
- Classroom Push In Delivery
- Workshop Presentation Style Delivery

CLIENTS CHOOSE US!

We are bilingual and certified educators. We are the only women-owned minority non-profit that offers evidence-based learning modules that align students' personal self-discovery with their future pathways.



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At Innerverse we know humans, but we understand every group is different based on their individuals, environment and collective interaction. So, we trust you know your community more than we do.

Our services involve possibilities of logistic, operational and experiential customization based on your community's needs.

We Provide:

-  Initial Discovery and Alignment Call- where we identify your specific community's needs & consider customization.
-  Parent Meeting
-  Holistic CCMR Workshop Delivery.
-  Pre + Post Assessments to measure impact.
-  A la Carte experiential exposures on-site and off-site.
-  Final Impact Report.

Call us to schedule a complementary initial consultation.

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